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Small Mechanics Lorna Crozier 2013-08-20 A radiant collection of new poems from one of Canada's most renowned and well-read poets. The poems in Lorna Crozier's rich and wide-ranging new collection, a modern bestiary and a book of mourning, are both shadowed and illuminated by the passing of time, the small mechanics of the body as it ages, the fine-tuning of what a life becomes when parents and old friends are gone. Brilliantly poised between the mythic and the everyday, the anecdotal and the delicately lyrical, these poems contain the wit, irreverence, and startling imagery for which Crozier is justly celebrated. You'll find Bach and Dostoevsky, a poem that turns into a dog, a religion founded by cats, and wood rats that dance on shingles. These poems turn over the stones of words and find what lies beneath, reminding us why Lorna Crozier is one of Canada's most well-read and commanding voices.

Small Beneath the Sky Lorna Crozier 2011-05 "A tender, unsparring portrait of a family. It is also a book about place. In this splendid volume of recollections, award-winning poet Lorna Crosier charts the geography that shaped her character and her understanding of the world."--Page 4 of cover.

The Globalisation of Addiction Bruce K. Alexander 2008 The Globalisation of Addiction presents a radical rethink about the nature of addiction. Scientific medicine has failed when it comes to addiction. There are no reliable methods to cure it, prevent it, or take the pain out of it. There is no durable consensus on what addiction is, what causes it, or what should be done about it. Meanwhile, it continues to increase around the world. This book argues that the cause of this failure to control addiction is that the conventional wisdom of the 19th and 20th centuries focused too single-mindedly on the afflicted individual addict. Although addiction obviously manifests itself in individual cases, its prevalence differs dramatically between societies. For example, it can be quite rare in a society for centuries, and then become common when a tribal culture is destroyed or a highly developed civilization collapses. When addiction becomes commonplace in a society, people become addicted not only to alcohol and drugs, but to a thousand other destructive pursuits: money, power, dysfunctional relationships, or video games. A social perspective on addiction does not deny individual differences in vulnerability to addiction, but it removes them from the foreground of attention, because social determinants are more powerful. This book shows that the social circumstances that spread addiction in a conquered tribe or a falling civilisation are also built into today's globalizing free-market society. A free-market society is magnificently productive, but it subjects people to irresistible pressures towards individualism and competition, tearing rich and poor alike from the close social and spiritual ties that normally constitute human life. People adapt to their dislocation by finding the best substitutes for a sustaining social and spiritual life that they can, and addiction serves this function all too well. The book argues that the most effective response to a growing addiction problem is a social and political one, rather than an individual one. Such a solution would not put the doctors, psychologists, social workers, policemen, and priests out of work, but it would incorporate their practices in a larger social project. The project is to reshape society with enough force and imagination to enable people to find social integration and meaning in everyday life. Then great numbers of them would not need to fill their inner void with addictions.

In the Realm of *Hungry Ghosts* Gabor Maté, MD 2011-06-28 From bestselling author Gabor Maté, the essential resource for understanding the roots and behaviors of addiction--now with an added introduction by the author. Based on Gabor Maté's two decades of experience as a medical doctor and his groundbreaking work with the severely addicted on Vancouver's skid row, In the Realm of Hungry Ghosts radically reenvision's this much misunderstood field by taking a holistic approach. Dr. Maté presents addiction not as a discrete phenomenon confined to an unfortunate or weak-willed few, but as a continuum that runs throughout (and perhaps underpins) our society; not a medical "condition" distinct from the lives it affects, rather the result of a complex interplay among personal history, emotional, and neurological development, brain chemistry, and the drugs (and behaviors) of addiction. Simplifying a wide array of brain and addiction research findings from around the globe, the book avoids glib self-help remedies, instead promoting a thorough and compassionate self-understanding as the first key to healing and wellness. In the Realm of Hungry Ghosts argues persuasively against contemporary health, social, and criminal justice policies toward addiction and those impacted by it. The mix of personal stories--including the author's candid discussion of his own "high-status" addictive tendencies--and science with positive solutions makes the book equally useful for lay readers and professionals.

Transforming Addiction Lorraine Greaves 2015-04-10 Choice Highly Recommended Read Addiction is a complex problem that requires more nuanced responses. Transforming Addiction advances addictions research and treatment by promoting transdisciplinary collaboration, the integration of sex and gender, and issues of trauma and mental health. The authors demonstrate these shifts and offer a range of tools, methods, and strategies for responding to the complex factors and forces that produce and shape addiction. In addition to providing practical examples of innovation from a range of perspectives, the contributors demonstrate how addiction spans biological, social, environmental, and economic realms. Transforming Addiction is a call to action, and represents some of the most provocative ways of thinking about addiction research, treatment, and policy in the contemporary era.

Peter Gzowski R.B. Fleming 2010-08-27 Born in 1934, Peter Gzowski covered most of the last half of the century as a journalist and interviewer. This biography, the most comprehensive and definitive yet published, is also a portrait of Canada during those decades, beginning with Gzowski's days at the University of Toronto's The Varsity in the mid 1950s, through his years as the youngest-ever managing editor of Maclean's in the 1960s and his tremendous success on CBC's Morningside in the 1980s and 1990s, and ending with his stint as a Globe and Mail columnist at the dawn of the 21st century and his death in January 2002. Gzowski saw eight Canadian Prime Ministers in office, most of whom he interviewed, and witnessed everything from the Quiet Revolution in Quebec to the growth of economic nationalism in Canada's West. From the rise of state medicine to the decline of the patriarchy, Peter was there to comment, to resist, and to participate. Here was a man who was proud to call himself Canadian and who made millions of other Canadians realize that Canada was, in what he claimed was a Canadian expression, not a bad place to live.

Material Cultures in Canada Thomas Allen 2015-06-18 Material Cultures in Canada presents the vibrant and diverse field of material culture studies in Canadian literary, artistic, and political contexts today. The first of its kind, this collection features sixteen essays by leading scholars in Canada, each of whom examines a different object of study, including the beaver, geraniums, comics, water, a musical playlist, and the human body. The book's three sections focus, in turn, on objects that are persistently material, on things whose materiality blends into the immaterial, and on the materials of spaces. Contributors highlight some of the most exciting new developments in the field, such as the emergence of "new materialism," affect theory, globalization studies, and environmental criticism. Although the book has a Canadian centre, the majority of its contributors consider objects that cross borders or otherwise resist national affiliation. This collection will be valuable to readers within and outside of Canada who are interested in material culture studies and, in addition, will appeal to anyone interested in the central debates taking place in Canadian political and cultural life today, such as climate change, citizenship, shifts in urban and small-town life, and the persistence of imperialism.

The Book of Marvels Lorna Crozier 2013 In a series of playful and startling prose meditations, celebrated writer Lorna Crozier brings her rapt attention to the small matter of household objects: everything from doorknobs, washing machines, rakes, and zippers to the kitchen sink. Operating as a sort of literary detective, she examines the mystery of the everyday, seeking the essence of each object. She offers tantalizing glimpses of the household's inhabitants, too, probing hearts, brains, noses, and navels. Longing, exuberance, and grief color her reflections, which at times take on the tenor of folktales or parables. Each of the short portraits in The Book of Marvels stands alone, but the connections are intricate; as in life, each object gains meaning from its juxtaposition with others. Crozier approaches her investigations with a childlike curiosity, an adult bemusement, and an unflinching sense of metaphor and mischief. With both charm and mordant wit, she animates the panoply of wonders to be found everywhere around us and inside us.

The Wrong Cat Lorna Crozier 2015-03-31 Like the people and animals in her new collection, Lorna Crozier "defies / the anecdotal, / goes for the lyric, / music made from / bone and muscle and the grace notes" of life. The poems in The Wrong Cat are vintage Crozier: sly, sexy, irreverent, and sad, and populated by fully realized characters whose stories take place in a small lyrical space. We learn about a mother's last breath, the first dog in heaven, a man's fear that his wife no longer loves him, and the ways in which animals size up the humans around them and find them wanting. With Crozier's celebrated mix of vibrant imagery, piercing observations, and deeply felt human emotions, these poems provide an affirmation in the midst of the fluid, often challenging nature of experience.

Creative Recovery Eric Maisel 2008-10-14 For writers, artists, musicians, and creators in every field, this book offers a complete addiction recovery program specifically designed for the creative person. Full of explanations and exercises, this book presents ways to use your own innate creative abilities in service of your recovery and at each stage of the recovery process. Topics include: the biological and developmental risks unique to creative people; the special personality traits that can inform the recovery process; ways to approach your recovery much like your art; and exercises that promote your creativity and art that aid the recovery process. This book gives a clear picture of the relationship between creativity and addiction and lays out a complete program so that you can live a fully creative and addiction-free life. To find out more about one of the authors, visit his website: www.ericmaisel.com.

Going Top Shelf Michael P. J. Kennedy 2005 Going Top Shelf brings together for the first time in one collection some of Canada's best hockey poems and song lyrics. Included are works by such outstanding Canadian poets as Michael Ondaatje, Al Purdy, Margaret Avison, Don Gutteridge and Lorna Crozier. And for music lovers with a taste for contemporary Canadian music, this entertaining collection includes lyrics by The Tragically Hip, The Rheostatics, Kathleen Edwards, Stompin' Tom Connors, and others. Going Top Shelf represents a cross-section of Canada 's poets and composers, ranging from 19th-century romantic poet Sir Charles G.C. Roberts to contemporary pop songstress Jane Siberry. Altogether, more than 30 authors and songwriters from across Canada reflect an intriguing diversity of forms and literary expression. Yet in all the poems, ice--or the sport played to extensively in Canada upon it--is used to express the ideas, beliefs and attitudes of this diverse group of Canadian authors. For the poetry scholar, for the lover of good music, for the hockey fan, this is a collection to be enjoyed. Indeed, Going Top Shelf represents a literary "top shelf" of hockey poetry without equal.

Challenging Addiction in Canadian Literature and Classrooms Cara Fabre 2016-01-01 In the richly interdisciplinary study, Challenging Addiction in Canadian Literature and Classrooms, Cara Fabre argues that popular culture in its many forms contributes to common assumptions about the causes, and personal and social implications, of addiction. Recent fictional depictions of addiction significantly refute the idea that addiction is caused by poor individual choices or solely by disease through the connections the authors draw between substance use and poverty, colonialism, and gender-based violence. With particular interest in the pervasive myth of the "Drunken Indian", Fabre asserts that these novels reimagine addiction as social suffering rather than individual pathology or moral failure. Fabre builds on the growing body of humanities research that brings literature into active engagement with other fields of study including biomedical and cognitive behavioural models of addiction, medical and health policies of harm reduction, and the practices of Alcoholics Anonymous. The book further engages with critical pedagogical strategies to teach critical awareness of stereotypes of addiction and to encourage the potential of literary analysis as a form of social activism.

Treating Heroin Addiction in Norway Aleksandra Bartoszko 2021-07-06 Focusing on the world of Norwegian Opioid Substitution Treatment (OST) in the aftermath of significant reforms, this book casts a critical light on the intersections between medicine and law, and the ideologies infusing the notions of "individual choice" and "patient involvement" in the field of addiction globally. With ethnographic attention to the encounters between patients, clinicians, and bureaucrats, the volume shows that OST sustains the realities it is meant to address. The chapters follow one particular patient through complex clinical and legal battles as they fight to achieve a better quality of life. The study provides ethnographic insight that captures the individual, experiential aspects of addiction treatment, and how these experiences find a register within different domains of treatment and policy, including the familial, social, legal, and clinical. Offering a rare view of addiction treatment in a Scandinavian welfare state, this book will be of interest to scholars of medical and legal anthropology and sociology, and others with an interest in drug policy and addiction treatment. *Never Enough* Judith Grisel 2020-01-14 A NEW YORK TIMES BESTSELLER From a renowned behavioral neuroscientist and recovering addict, a rare page-turning work of science that draws on personal insights to reveal how drugs work, the dangerous hold they can take on the brain, and the surprising way to combat today's epidemic of addiction. Judith Grisel was a daily drug user and college dropout when she began to consider that her addiction might have a cure, one that she herself could perhaps discover by studying the brain. Now, after twenty-five years as a neuroscientist, she shares what she and other scientists have learned about addiction, enriched by captivating glimpses of her personal journey. In *Never Enough*, Grisel reveals the unfortunate bottom line of all regular drug use: there is no such thing as a free lunch. All drugs act on the brain in a way that diminishes their enjoyable effects and creates unpleasant ones with repeated use. Yet they have their appeal, and Grisel draws on anecdotes both comic and tragic from her own days of using as she limns the science behind the love of various drugs, from marijuana to alcohol, opiates to psychedelics, speed to spice. With more than one in five people over the age of fourteen addicted, drug abuse has been called the most formidable health problem worldwide, and Grisel delves with compassion into the science of this scourge. She points to what is different about the brains of addicts even before they first pick up a drink or drug, highlights the changes that take place in the brain and behavior as a result of chronic using, and shares the surprising hidden gifts of personality that addiction can expose. She describes what drove her to addiction, what helped her recover, and her belief that a "cure" for addiction will not be found in our individual brains but in the way we interact with our communities. Set apart by its color, candor, and bell-clear writing, *Never Enough* is a revelatory look at the roles drugs play in all of our lives and offers crucial new insight into how we can solve the epidemic of abuse.

Addicted Lorna Crozier 2009-12-01 Is addiction a disease, a sin, a sign of hypersensitivity, a personal failing, or a unique resource for the creative mind? However it is defined, addiction can have devastating consequences, often shattering lives, sundering families, causing impoverishment, and even triggering suicide. Yet it can also be a source of inspiration. In these frank essays, leading American and Canadian writers explore their surprisingly diverse personal experiences with this complex phenomenon, candidly recounting what happened when alcohol, heroin, smoking, food, gambling, or sex -- sometimes in combination -- took over their lives.

The Globalization of Addiction Bruce Alexander 2010-03-04 Addiction is increasing all around the world, and the conventional remedies don't work. The Globalization of Addiction argues that the cause of this failure to control addiction is that past treatments have focused too single-mindedly on the afflicted individual addict. This book presents a radical rethink about the nature of addiction.

Enrique's Journey Sonia Nazario 2007-01-02 An astonishing story that puts a human face on the ongoing debate about immigration reform in the United States, now updated with a new Epilogue and Afterword, photos of Enrique and his family, an author interview, and more--the definitive edition of a classic of contemporary America Based on the Los Angeles Times newspaper series that won two Pulitzer Prizes, one for feature writing and another for feature photography, this page-turner about the power of family is a popular text in classrooms and a touchstone for communities across the country to engage in meaningful discussions about this essential American subject. Enrique's Journey recounts the unforgettable quest of a Honduran boy looking for his mother, eleven years after she is forced to leave her starving family to find work in the United States. Braving unimaginable peril, often clinging to the sides and tops of freight trains, Enrique travels through hostile worlds full of thugs, bandits, and corrupt cops. But he pushes forward, relying on his wit, courage, hope, and the kindness of strangers. As Isabel Allende writes: "This is a twenty-first-century *Odyssey*. If you are going to read only one nonfiction book this year, it has to be this one." Praise for Enrique's Journey "Magnificent . . . Enrique's Journey is about love. It's about family. It's about home."--The Washington Post Book World "[A] searing report from the immigration frontlines . . . as harrowing as it is heartbreaking."--People (four stars) "Stunning . . . As an adventure narrative alone, Enrique's Journey is a worthy read. . . . Nazario's impressive piece of reporting [turns] the current immigration controversy from a political story into a personal one."--Entertainment Weekly "Gripping and harrowing . . . a story begging to be told."--The Christian Science Monitor "[A] prodigious feat of reporting . . . [Sonia Nazario is] amazingly thorough and intrepid."--Newsday

To Fix or To Heal Joseph E. Davis 2016-02-26 Do doctors fix patients? Or do they heal them? For all of modern medicine's many successes, discontent with the quality of patient care has combined with a host of new developments, from aging populations to the resurgence of infectious diseases, which challenge medicine's overreliance on narrowly mechanistic and technical methods of explanation and intervention, or "fixing" patients. The need for a better balance, for more humane "healing" rationales and practices that attend to the social and environmental aspects of health and illness and the experiencing person, is more urgent than ever. Yet, in public health and bioethics, the fields best positioned to offer countervailing values and orientations, the dominant approaches largely extend and reinforce the reductionism and individualism of biomedicine. The collected essays in *To Fix or To Heal* do more than document the persistence of reductionist approaches and the attendant extension of medicalization to more and more aspects of our lives. The contributors also shed valuable light on why reductionism has persisted and why more holistic models, incorporating social and environmental factors, have gained so little traction. The contributors examine the moral appeal of reductionism, the larger rationalist dream of technological mastery, the growing valuation of health, and the enshrining of individual responsibility as the seemingly non-coercive means of intervention and control. This paradigm-challenging volume advances new lines of criticism of our dominant medical regime, even while proposing ways of bringing medical practice, bioethics, and public health more closely into line with their original goals. Precisely because of the centrality of the biomedical approach to our society, the contributors argue, challenging the reductionist model and its ever-widening effects is perhaps the best way to press for a much-needed renewal of our ethical and political discourse.

International Who's Who in Poetry 2005 Europa Publications 2004 Provides up-to-date profiles on the careers of leading and emerging poets. *Addicted* Lorna Crozier 2016 "Is addiction a disease, a sin, a sign of hypersensitivity, a personal failing, or a unique resource for the creative mind? However it is defined, it can have devastating consequences -- yet it can also be a source of inspiration. In this updated edition featuring three new essays on addiction to marijuana, video games, and sex, leading American and Canadian writers explore their surprisingly diverse personal experiences with this complex phenomenon and reveal in candid, graphic, powerful prose what happens when their compulsions took over their lives."--Back cover.

In *The Belly of Hell* Darlene J. Larocque 2016-11-07 In 2005 Pastor Darlene was grieving the death of her niece Michelle Larocque who was brutally murdered by her husband, when she heard the Lord clearly say "it is time to tell your story of childhood sexual abuse which lead to a life of addictions and years living in domestic violence." He said "this book would be a life line to many men and women who find themselves in abusive relationships addicted to negative behaviors and negative emotions that fuel those behaviors." Pastor Darlene candidly and transparently shares her life story of how she met a man that changed her life completely and delivered her from the path of destruction that she was on. She shares her life journey and the lessons learned that has transformed her from the inside out.

Language Arts in Asia Christina DeCourcey 2012-01-17 This volume is the first of a series contributing to the academic study of Language Arts, as an English-language teaching paradigm. Language Arts has been widely used in native English-speaking countries including Australia and New Zealand. Its recent adoption into the second-language teaching curriculum in Hong Kong, as well as similar initiatives within secondary and tertiary education in mainland China, enhances its interest to scholars studying second-language teaching and learning in Asian contexts. This book offers many papers and discussions of interest to teachers, language professionals, scholars and administrators. Its chapters explore current topics in Language Arts research including trends in the rapprochement of stylistics and linguistics, teaching approaches and learning outcomes. At the same time, they offer diverse theoretical and methodological approaches, of interest to the practitioner and policy-maker as well as the researcher. The value of this volume lies particularly in strengthening the theoretical and methodological foundations of Language Arts. The use of literature and the arts in humanist education has a long history within Europe, being traditionally appreciated for its ability to transform leaders, instill finer sensibilities and question social ills. In its postcolonial incarnations, as the traditional subject areas were informed by critical and linguistic theories, language arts subject areas were less often used, as they were understood to offer opportunities to analyse their functions as apology for leaders, coopting the young, and pacifying dissent but less often used to teach second language skills. Language Arts curricula arising since the 1980s have increasingly embraced authentic voices, styles and genres. Contemporary Language Arts curricula use literature to teach reading-based and communication skills, in conjunction with critical and creative thinking. The movement of English-language education beyond native English shores has placed Language Arts into a World Englishes frame, and therefore its curricula have included the teaching ethics, civics and intercultural sensitivity. The explosion of media and digital communications of the 1990s led to the adoption of media literacy as a crucial Language Arts skill. As digital innovations continue to impact the teaching of English, Language Arts has adopted multiliteracies. These developments are represented in the papers included in this volume.

What the Stones Remember Patrick Lane 2006-12-12 In this exquisitely written memoir, poet Patrick Lane describes his raw and tender emergence at age sixty from a lifetime of alcohol and drug addiction. He spent the first year of his sobriety close to home, tending his garden, where he cast his mind back over his life, searching for the memories he'd tried to drown in vodka. Lane has gardened for as long as he can remember, and his garden's life has become inseparable from his own. A new bloom on a plant, a skirmish among the birds, the way a tree bends in the wind, and the slow, measured change of seasons invariably bring to his mind an episode from his recent past. What the Stones Remember is the emerging chronicle of Lane's attempt to face those memories, as well as his new self-to rediscover his life. In this powerful and beautifully written book, Lane offers readers an unflinching and unsentimental account of coming to one's senses in the presence of nature.

Small Mechanics Lorna Crozier 2013-08-20 A radiant collection of new poems from one of Canada's most renowned and well-read poets. The poems in Lorna Crozier's rich and wide-ranging new collection, a modern bestiary and a book of mourning, are both shadowed and illuminated by the passing of time, the small mechanics of the body as it ages, the fine-tuning of what a life becomes when parents and old friends are gone. Brilliantly poised between the mythic and the everyday, the anecdotal and the delicately lyrical, these poems contain the wit, irreverence, and startling imagery for which Crozier is justly celebrated. You'll find Bach and Dostoevsky, a poem that turns into a dog, a religion founded by cats, and wood rats that dance on shingles. These poems turn over the stones of words and find what lies beneath, reminding us why Lorna Crozier is one of Canada's most well-read and commanding voices.

Inventing the Hawk Lorna Crozier 1992 The poems in this haunting new book are both playful and provocative, witty and intimate. Central to the collection is a powerful elegy for her father. Beginning with his death, it moves back in time to the author's childhood in a small Saskatchewan community. Inventing the Hawk reveals the small pleasures of day-to-day life, sometimes visited by "Angels" who offer a novel, often shocking perspective on reality. As well, Crozier translates love and the experience of loss into a language resonant with desire and longing. A language that speaks to the most private aspects of ourselves. This is poetry that will change the way we look at our lives. **The 12-Step Buddhist** Darren Littlejohn 2009-03-10 The face of addiction and alcoholism is a face that many have seen before -- it may be a celebrity, a colleague, or even a family member. And though the 12-step program by itself can often bring initial success, many addicts find themselves relapsing back into old ways and old patterns, or replacing one addiction with another. Author Darren Littlejohn has been there and back, and presents a complimentary guide for recovery to the traditional twelve-step program, out of his own struggles and successes through the study of Zen and Tibetan Buddhism. Working with the traditional 12-Step philosophy, the author first shares his own life path, and how he came to find the spiritual solace that has greatly enhanced his life in recovery. Then, he details out how his work integrating Buddhism into the traditional twelve-step programs validates both aspects of the recovery process. While being careful not to present himself as a Tibetan lama or Zen master, the author shows how each step -- such as admitting there is a problem, seeking help, engaging in a thorough self-examination, making amends for harm done, and helping other drug addicts who want to recover -- fits into the Bodhisattva path. This integration makes Buddhism accessible for addicts, and the 12 Steps understandable for Buddhists who may otherwise be at a loss to help those in need. The 12-Step Buddhist is designed to be a complimentary practice to the traditional 12-step journey, not a replacement. While traditional twelve-step programs help addicts become sober by removing the drug of choice and providing a spiritual path, they rarely delve deep into what causes people to suffer in the first place. The integration of Buddhism with the traditional process provides the wisdom and meditations that can help addicts truly find a deep, spiritual liberation from all causes and conditions of suffering -- for good.

The Wrong Cat Lorna Crozier 2015-03-31 Like the people and animals in her new collection, Lorna Crozier "defies / the anecdotal, / goes for the lyric, / music made from / bone and muscle and the grace notes" of life. The poems in The Wrong Cat are vintage Crozier: sly, sexy, irreverent, and sad, and populated by fully realized characters whose stories take place in a small lyrical space. We learn about a mother's last breath, the first dog in heaven, a man's fear that his wife no longer loves him, and the ways in which animals size up the humans around them and find them wanting. With Crozier's celebrated mix of vibrant imagery, piercing observations, and deeply felt human emotions, these poems provide an affirmation in the midst of the fluid, often challenging nature of experience.

The Blue Hour of the Day Lorna Crozier 2009-02-24 Over the course of a career spanning three decades, Lorna Crozier has become one of Canada's most beloved poets, receiving high acclaim and numerous awards, including the Governor General's Award, the Pat Lowther Poetry Award, and the Canadian Authors Association Award. Now, in this definitive selection of poems, which draws on her eight major collections and includes many of the poems for which she is justly celebrated, Crozier's trademark investigations of family, spirituality, love's fierce attachments, and bereavement and loss have been given a new framework. As a sapphire generates a blue light from within, The Blue Hour of the Day demonstrates Crozier's dazzling capacity to bring depths to light, unflinchingly and unflinchingly. It represents the best work of an icon of Canadian poetry.

Canadian Books in Print. Author and Title Index 1975

Life Stories Maureen O'Connor 2011 Memoirs, autobiographies, and diaries represent the most personal and most intimate of genres, as well as one of the most abundant and popular. Gain new understanding and better serve your readers with this detailed genre guide to nearly 700 titles that also includes notes on more than 2,800 read-alike and other related titles. * A list of subjects and suggested "read-alikes" accompany each title * Appendixes cover awards, websites, and resources * Detailed indexes provide further points of access

The Addicted Lawyer Brian Cuban 2017-08-29 Brian Cuban was living a lie. With a famous last name and a successful career as a lawyer, Brian was able to hide his clinical depression and alcohol and cocaine addictions for a while. Today, as an inspirational speaker in long-term recovery, Brian looks back on his journey with honesty, compassion, and even humor as he reflects both on what he has learned about himself and his career choice and how the legal profession enables addiction. His demons, which date to his childhood, controlled him through failed marriages and stays in a psychiatric facility, until they brought him to the brink of suicide. That was his wake-up call. This is his story. Brian also takes an in-depth look at why there is such a high percentage of problematic alcohol use and other mental health issues in the legal profession. What types of therapies work? Are 12-step programs the only answer? Brian also includes interviews with experts on the subject as well as others in the legal profession who are now in recovery. The Addicted Lawyer is both a serious study of addiction and a compelling story of redemption. **God of Shadows** Lorna Crozier 2018-08-21 The celebrated poet hailed by Ursula K. Le Guin as a "storyteller, truth-teller, and visionary" gives us a mesmerizing new collection of poems that are funny, wise, moving, and surprising. How many gods can dance on the head of Lorna Crozier's pen? The poet Lorna Crozier has always been brilliant at fusing the ordinary with the other-worldly in strange and surprising ways. Now the Governor General's Literary Award-winning author of *Inventing the Hawk* returns with *God of Shadows*, a wryly wise book that offers a polytheistic gallery of the gods we never knew existed and didn't know we needed. To read these poems is to be ready to offer your own prayers to the god of shadows, the god of quirks, and the god of vacant hours. Sing new votive hymns to the gods of horses, birds, cats, rats, and insects. And give thanks at the altars of the gods of doubt, guilt, and forgetting. What life-affirming questions have these deities come to ask? Perhaps it is simply this: How can poems be at once so profound, original and lively, and also so much fun?

Chasing the High Kyle Keegan 2008-03-04 Kyle Keegan was like many teenagers: eager to fit in at school, he experimented with alcohol and drugs. Soon, his abuse of these substances surpassed experimentation and became a ruthless addiction to heroin that nearly destroyed his life. Now in recovery, Keegan tells his remarkable story in *Chasing the High*. Starting with the early days of alcohol and drug use, Keegan charts his decline into crime and homelessness as his need for heroin surpassed all thoughts of family and friends, of right and wrong. He then goes on to use these experiences to offer guidance and practical advice to other young people who may be struggling with substance abuse. In straightforward, easy-to-understand language and along with the psychiatric expertise of Howard Moss, MD, Keegan discusses what is known about the neurobiology of addiction in young people, how to seek treatment, and how to get the most out of professional help. He also covers such topics as which therapies are used to combat addiction, how to talk to family and friends about substance abuse, and how to navigate risky situations. Both an absorbing memoir and a useful resource for young people, Part of the Adolescent Mental Health Initiative series of books written specifically for teens and young adults, *Chasing the High* is at once both an absorbing memoir and a

useful resource. It offers hope to those who are struggling with substance abuse and will help them to overcome its challenges and to go on to lead healthy, productive lives.

The Age of Fentanyl Brodie Ramin 2020-03-14 Is there a way to end North America's opioid epidemic? In *The Age of Fentanyl*, Brodie Ramin tells the story of the opioid crisis, showing us the disease and cure from his perspective as an addiction doctor working on the front lines. We meet his patients, hear from other addiction experts, and learn about the science and medicine of opioid addiction and its treatments. He shows us how addiction can be prevented, how knowledge can reduce stigma, and how epidemics can be beaten. Dr. Ramin brings the hopeful message that just as patients and health care workers rallied together to fight HIV one generation ago, a coalition of patients, advocates, scientists, doctors, and nurses is once again finding solutions and making plans to stem the overdose deaths, block the spread of fentanyl, and end the epidemic.

Hooked Michael Moss 2021-03-02 NEW YORK TIMES BESTSELLER • From the author of *Salt Sugar Fat* comes a “gripping” (The Wall Street Journal) exposé of how the processed food industry exploits our evolutionary instincts, the emotions we associate with food, and legal loopholes in their pursuit of profit over public health. “The processed food industry has managed to avoid being lumped in with Big Tobacco—which is why Michael Moss’s new book is so important.”—Charles Duhigg, author of *The Power of Habit* Everyone knows how hard it can be to maintain a healthy diet. But what if some of the decisions we make about what to eat are beyond our control? Is it possible that food is addictive, like drugs or alcohol? And to what extent does the food industry know, or care, about these vulnerabilities? In *Hooked*, Pulitzer Prize-winning investigative reporter Michael Moss sets out to answer these questions—and to find the true peril in our food. Moss uses the latest research on addiction to uncover what the scientific and medical communities—as well as food manufacturers—already know: that food, in some cases, is even more addictive than alcohol, cigarettes, and drugs. Our bodies are hardwired for sweets, so food giants have developed fifty-six types of sugar to add to their products, creating in us the expectation that everything should be cloying; we’ve evolved to prefer fast, convenient meals, hence our modern-day preference for ready-to-eat foods. Moss goes on to show how the processed food industry—including major companies like Nestlé, Mars, and Kellogg’s—has tried not only to evade this troubling discovery about the addictiveness of food but to actually exploit it. For instance, in response to recent dieting trends, food manufacturers have simply turned junk food into junk diets, filling grocery stores with “diet” foods that are hardly distinguishable from the products that got us into trouble in the first place. As obesity rates continue to climb, manufacturers are now claiming to add ingredients that can effortlessly cure our compulsive eating habits. A gripping account of the legal battles, insidious marketing campaigns, and cutting-edge food science that have brought us to our current public health crisis, *Hooked* lays out all that the food industry is doing to exploit and deepen our addictions, and shows us why what we eat has never mattered more.

Attachment and Character Edward Harcourt 2021-10-14 There are many exciting points of contact between developmental psychology in the attachment paradigm and the kinds of questions first raised by Aristotle's ethics, and which continue to preoccupy moral philosophers today. The book brings experts from both fields together to explore them for the first time, to demonstrate why philosophers working in moral psychology, or in 'virtue ethics' - better, the triangle of relationships between the concepts of human nature, human excellence, and the best life for human beings - should take attachment theory more seriously than they have done to date. Attachment theory is a theory of psychological development. And the characteristics attachment theory is a developmental theory of - the various subvarieties of attachment - are evaluatively inflected: to be securely attached to a parent is to have a kind of attachment that makes for a good intimate relationship. But obviously the classification of human character in terms of the virtues is evaluatively inflected too. So it would be strange if there were no story to be told about how these two sets of evaluatively inflected descriptions relate to one another. Attachment and Character explores the relationship between attachment and prosocial behaviour; probes the concept of the prosocial itself, and the relationship between prosocial behaviour, virtue and the quality of the social environment; the question whether there even are such things as stable character traits; and whether attachment theory, in locating the origins of virtue in secure attachment, and attachment dispositions in human evolutionary history, gives support to ethical naturalism, in

any of the many meanings of that expression.

David Adams Richards of the Miramichi Tony Tremblay 2010-04-15 Widely considered to be one of Canada's most important authors, David Adams Richards has been honoured with a Giller Prize and two Governor General's Literary Awards. Despite this, there has been a dearth of critical appraisal of his life and works. In *David Adams Richards of the Miramichi*, Tony Tremblay sheds light not only on Richards' art and achievements, but also on Canadian literary criticism in general. Tremblay maps out the early influences on Richards' thinking and writing by drawing on interviews, archival records, and cultural studies of New Brunswick. He argues that the author is a more sophisticated craftsman than his critical reception has assumed and makes the case for a more nuanced analysis of his works. Equal parts literary biography, literary criticism, and cultural study of New Brunswick, *David Adams Richards of the Miramichi* provides a rare glimpse into the struggles and triumphs of a New Brunswick artist in a national and provincial milieu.

Before the First Word Lorna Crozier 2006-01-01 Lorna Crozier's radical imagination, and the finely tuned emotional intelligence that is revealed in the clarity of her poetry, have made her one of Canada's most popular poets. Before the First Word: The Poetry of Lorna Crozier is a collection of thirty-five of her best poems, selected and introduced by Catherine Hunter, and includes an afterword by Crozier herself. Representing her work from 1985 to 2002, the collection reveals the wide range of Lorna Crozier's voice in its most lyrical, contemplative, ironic, and witty moments. Hunter's introduction discusses the poet's major themes, with particular attention to her feminist approach to biblical myth and her fascination with absence and silence as sites for imaginative revision. Crozier's afterword, "See How Many Ends This Stick Has: A Reflection on Poetry," is a lyrical meditation that provides an inspirational glimpse into the philosophy of a writer who prizes the intensity of awareness that poetry demands, and is tantalized by what predates speaking and all that cant be named. An engaging volume that will appeal to undergraduate students as well as general readers of poetry. Lorna Crozier's work has won many awards, including the Governor General's Award in 1992 (for *Inventing the Hawk*), the first prize for poetry in the CBC Literary Competition, the Canadian Authors Association Award for Poetry in 1992, a National Magazine Award in 1995, and two Pat Lowther Memorial Awards (1993 and 1996) for the best book of poetry by a Canadian woman. She has published fourteen books of poetry, most recently, *Whetstone*. Born in Swift Current, Saskatchewan, she now lives in British Columbia, where she is a Distinguished Professor at the University of Victoria.

Survival of the Coolest William Pryor 2011-07-01 Being a descendant of Charles Darwin might not make William Pryor a celebrity, but his memoir ought to. *Survival of the Coolest* is a deep read about a man with a legacy for greatness who instead dives into drug addiction and comes up to tell about it. Do yourself a favour, put down the celeb bios and read this real life account of a real cool life.

The Juggling Act Peggy Edwards 2011-05-18 After Peggy Edwards, Miroslava Lhotsky, and Judy Turner published their highly successful first book, *The Healthy Boomer: A No-Nonsense Guide to Midlife Health for Women and Men*, they embarked on a series of workshops with health professionals and men and women in midlife. Like them, the participants often found it almost impossible to juggle the responsibilities of midlife and still find time and energy for themselves. Translating the principles of balance and good health into daily action is difficult, and the authors knew from their seminars that participants were always pleased to hear stories of struggle and success from others. It made sense, they concluded, to ask Boomers themselves the best ways to manage midlife. To get a sense of common issues in midlife and possible coping strategies, they sent out a questionnaire and conducted telephone interviews to draw out more in-depth ideas. The results are found in this book, a collection of anecdotes, quotes, and wisdom from Boomers themselves. In midlife, we start to get in touch with the fact that our time on earth will not last forever and is precious. This book provides a variety of ways of looking at this fact and of thinking about the choices ahead. There are motivating stories from Boomers (some, such as Pamela Wallin, known to many), brief updates from the scientific world, and interesting tidbits of information from the survey.